

**Academic Advising/Disabilities Liaison Unit (A.A.D.L.U)**

Today's date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(day/month/year)

**PERSONAL INFORMATION**

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(day/month/year)

Age: \_\_\_\_\_ Gender: Female ☐ Male ☐  
Do you have a disability? Yes ☐ No ☐

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact #: \_\_\_\_\_ Mobile #: \_\_\_\_\_

**ACADEMIC INFORMATION**

Faculty: \_\_\_\_\_ Department: \_\_\_\_\_ Major: \_\_\_\_\_  
Study Year: \_\_\_\_\_ UWI ID #: \_\_\_\_\_

I am: an undergraduate ☐ a postgraduate ☐

My degree is: full-time ☐ part-time ☐

**Please indicate your main areas of concern:**

**ACADEMIC PROBLEMS with...**

time management ☐  
exam anxiety ☐  
leave of absence ☐  
stress) ☐  
academic staff ☐  
academic issues ☐

☐ **OTHER** \_\_\_\_\_

\_\_\_\_\_

**EMOTIONAL DIFFICULTIES**

☐ sadness, depression  
☐ anger  
☐ anxiety, fear, panic (inc. social anxiety)  
☐ suicidal feelings  
☐ loneliness  
  
☐ concerns with eating/body image  
☐ addictions, worrying habits  
  
☐ traumatic experience  
☐ bereavement

Have you seen your Academic Advisor? Yes ☐ No ☐

Did anyone recommend / refer you to the Advsiors? Yes ☐ No, it was my idea ☐

If yes, who? (friend, family, doctor) \_\_\_\_\_

Currently, do you have significant physical health problems? \_\_\_\_\_

Are you taking any medication? \_\_\_\_\_

Have you used any CAPS online screening tools\* (e.g. for depression)? Yes ☐ No ☐

Have you used the LASSI? \_\_\_\_\_