

Subject area:	Programmes
Title:	One-day Foundation Sensitization Programme
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Target Audience:	Health Care Providers, HIV-AIDS, Programme co-ordinators/ personnel, Social Workers
Key Transferable	
Lessons:	Sensitization programmes should include sections dealing with myths and facts, issues and attitudes and communication and self-awareness

ONE-DAY FOUNDATION SENSITIZATION PROGRAMME

PRE AND POST TEST – SESSION 1

HIV/AIDS Myths and Facts

Please circle **True, False or Don't Know** in response to the following statements:

	Before	After
1. I cannot get HIV from sharing a hug or a friendly kiss with someone who is HIV positive.	True/False/don't know	
2. There are many diseases you can get if you have AIDS.	True/False/don't know	
3. If I am HIV positive, I will tell the person I am having sex with.	True/False/don't know	
4. I can tell by looking at someone if he/she is HIV positive.	True/False/don't know	
5. Someone who has AIDS can live a 'normal' life without medical treatment.	True/False/don't know	
6. In the hospital environment, it is easy to contract HIV/AIDS.	True/False/don't know	
7. There are many ways to protect yourself from getting HIV/AIDS.	True/False/don't know	
8. Getting an HIV/AIDS test is a waste of time because you will die anyway.	True/False/don't know	
9. HIV is the same as AIDS.	True/False/don't know	
10. "Gay" people are more likely to contract HIV/AIDS.	True/False/don't know	
11.		

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PRE AND POST TEST – SESSION 2

HIV/AIDS – Issues and Attitudes

Please circle **one** of the responses.

A = Agree, **DK** = Don't know, **D** = Disagree

	Before	After
1. People with HIV/AIDS have the right to maintain their privacy just like everybody else.	A DK D	
2. A doctor or dentist who has HIV/AIDS must not be allowed to see patients.	A DK D	
3. People who are HIV positive have the right to earn a living.	A DK D	
4. I have no sympathy for drug addicts and sex workers who contract HIV/AIDS.	A DK D	
5. Children who have HIV/AIDS should not be sent to school.	A DK D	
6. An HIV test is very important for someone who has been raped.	A DK D	
7. An AIDS patient in the ward deserves the same treatment as any other sick person.	A DK D	
8. It is a disgrace for a seventy year old to contract HIV.	A DK D	
9. In the hospital, patients with HIV/AIDS should not be allowed to walk around unsupervised.	A DK D	
10. People who are HIV positive should not be allowed to serve food to the public.	A DK D	

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ONE-DAY SENSITIZATION PROGRAMME

PRE AND POST TEST – SESSION 3

HIV/AIDS – Communication and Self-Awareness

WHAT WOULD YOU SAY and/or DO and HOW WOULD YOU FEEL in the following situations:

1. You have found out that your 16 year-old nephew is HIV positive. Your telephone rings. He is on the line saying he has come to visit you and that he is standing outside your gate.

2. You see different men visiting your neighbour. One day you see your neighbour in the HIV ward.

3. A parent tells you that your daughter's best friend in school is HIV positive.

4. Your colleague at work goes to be tested for HIV/AIDS. He/she confides in you that the test result is positive.

5. You get stuck with a discarded needle during your shift.

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