

Co-Curricular Courses- "Developing a Balanced You"

Timetable 2024/2025 Semester 2

Course Name	Course #	Credits	Day	Time	Location
Discover Microsoft 365 Collaborative Tools	COCR 1059	3	Monday	1:00 pm-4:00 pm	LRC East Lab
Ethics and Integrity	COCR 1036	3	Monday	1:00 pm-4:00 pm	FSS MLT
Financial Literacy	COCR 1013	3	Tuesday	4:00 pm-7:00 pm	TLC LT C Weeks 1-7 and Weeks 9-12
					TCB 31 Relocated Week 8
First Aid CPR AED	COCR 1039	2	Tuesday	12:30 pm-3:30 pm	TLC TR4
Introduction to Sign Language	COCR 1052	3	Friday	4:30 pm-7:30 pm	FHE SOE 325 {SR2} FHE SOE 326 {SR3} FHE SOE Auditorium
Meditation for Holistic Health	COCR 1046	2	Thursday	4:30 pm-6:30 pm	TLC TR8
Microsoft Excel Expert 2019	COCR 1048	2	Tuesday	10:00 am-12:00 pm	LRC East Lab
Microsoft PowerPoint 2019	COCR 1056	2	Tuesday (Group 1)	10:00 am-12:00 pm	LRC West Lab
			Thursday (Group 2)	10:00 am-12:00 pm	LRC East Lab
Microsoft Excel 2019	COCR 1058	2	Monday (Group 1)	9:00 am-11:00 am	LRC West Lab
			Wednesday (Group 2)	1:00 pm-3:00 pm	LRC West Lab

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Microsoft Word 2019	COCR 1057	2	Monday (Group 1)	1:00 pm- 3:00 pm	LRC West Lab
			Wednesday (Group 2)	10:00 am- 12:00 pm	LRC East Lab
Mind the Gap	COCR 1033	1	Thursday	2:00 pm- 4:00 pm	TLC TR6
Public Speaking and Voice Training	COCR 1034	3	Thursday (Lecture)	1:00 pm- 2:00 pm	TLC LT A1
			Thursday (Tutorial)	2:00 pm- 4:00 pm	TLC LT A1 TLC TR2 TLC TR3 TLC TR5
Study Skills	COCR 1000	1	Tuesday (Group 1)	1:00 pm- 2:00 pm	TLC TR2
			Wednesday (Group 2)	1:00 pm- 2:00 pm	TLC TR2
Technology Literacy	COCR 1030	3	Wednesday (Group 1)	1:00 pm- 4:00 pm	LRC East Lab
			Thursday (Group 2)	1:00 pm- 4:00 pm	LRC East Lab
The Basics of Steelpan	COCR 1050	2	Thursday (Lecture)	4:00 pm- 5:00 pm	FHE SOE 130 Weeks 1,3,5,7,9,11
			Thursday (Practical)	5:00 pm- 6:00 pm	Old DFM Weeks 3,5,7,9,11
			Thursday (Practical)	4:00 pm- 6:00 pm	Old DFM Weeks 2,4,6,8,10,12
Workplace Protocol for Students	COCR 1012	3	Tuesday	4:00 pm- 7:00 pm	FSS 103