

Co-curricular Courses

Developing a Balanced You

VIRTUAL CLASSES

COURSE TITLE	COURSE CODE	# OF CREDITS	DAY	TIME
Public Speaking & Voice Training	COCR 1034	3	Thursday	1pm-2 pm Lecture 2 pm -4 pm Tutorial
Defensive Driving Simulation	COCR 1047	1	Tuesday	2 pm -3 pm
Meditation for Holistic Health	COCR 1046	2	Wednesday	4:30pm -6:00 pm
CPR/First AID/AED	COCR 1039	2	Tuesday	1 pm -3 pm
Mind the Gap	COCR 1033	1	Thursday	2 pm -4 pm
Microsoft Office Access 2016	COCR 1040	2	Tuesday	10am-12 noon
Microsoft Office Excel 2016	COCR 1041	2	Monday	9am-11am [Group 1]
			Wednesday	9am-11am [Group 2]
Microsoft Office Power Point 2016	COCR 1042	2	Wednesday	1pm-3pm [Group 1]
			Thursday	10am-12 noon [Group 2]
Microsoft Office Word 2016	COCR 1043	2	Monday	10am-12 noon [Group 1]
			Thursday	10am-12 noon [Group 2]
Study Skills	COCR 1000	1	Wednesday & Friday (Weeks 1-6)	1 pm -2 pm
Microsoft Excel Expert 2019	COCR 1048	2	Tuesday	10am-12 noon
Introduction to the Microsoft 365 Productivity Cloud	COCR 1049	2	Tuesday	9am-12 pm
Technology Literacy	COCR 1030	3	Wednesday	1pm-4pm [Group 1]
			Thursday	1pm-4pm [Group 2]
Financial Literacy & Training	COCR 1013	3	Thursday	4pm -7pm
Ethics & Integrity	COCR 1036	3	Monday	1pm -4pm
Workplace Protocol for Student	COCR 1012	3	Wednesday	9pm -12pm