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Joe Grind

By

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My cousin knows Joe Grind
He visits her all the time
For when her husband is out
Joe Grind is always about

My cousin utilizes Joe Grind
In those most difficult times
Like when she wants it hardcore
She knows Joe will provide the cure

My cousin says Joe is a handy fellow
Him know how to make her squirm and bellow
Uttering words in foreign tongues
Making her confess all of her wrongs

Joe Grind is very energetic, creative and optimistic
Always willing to try new things
Something original him always brings

Constantly aiming to please his clients
Joe keeps up to date with new inventions
Never using the same style twice
Adding spice to boring lives

Him is also quite athletic
Jumping fences
Squeezing through tight spaces
Never getting caught by unsuspecting husbands
My cousin says Joe is the right man.

Abstract

Joe Grind is the Jamaican term for a man, other than the spouse, who provides a woman with sexual favours. Such a relationship is engaged in secretly and usually does not involve any emotional attachment. Joe Grind is usually used by women who lack sexual fulfilment in their relationships. This issue is not primarily Jamaican. In Trinidad and Tobago he is known as the *horna man*. The poem *Joe Grind*, explores such issues.