

## The Composition and Processing of Guava

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**Abstract:** *Guava (Psidium guajava L.) is a tropical fruit native to Central and South America. It has been introduced to several other tropical and semi-tropical regions. The guava fruit is an excellent source of ascorbic acid and also lends itself to relatively simple processing techniques. A wide range of products such as beverages, dehydrated products, jelly and slices in syrup can all be prepared from guava. Even the seeds could be utilised in animal feeds. This paper reviews the composition and processing of guava, a much neglected crop, in the Caribbean.*

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