



THE UNIVERSITY OF THE WEST INDIES

ST. AUGUSTINE, TRINIDAD AND TOBAGO, WEST INDIES

FACULTY OF MEDICAL SCIENCES

THE UWI SCHOOL OF NURSING

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FACT SHEET

Post Registration Diploma in Health Visiting Programme

PROGRAMME BEGINS: January 2021

LOCATION OF PROGRAMME: UWI School of Nursing, Faculty of Medical Sciences, The University of the West Indies, St. Augustine Campus.

TARGET GROUP: Persons who are holders of a Diploma/Certificate/Associate/BSc in Nursing and who are Registered Nurses.

DURATION OF PROGRAMME: The programme extends over a period of three (3) semesters. A total of **51 credits** will be required for the award of the Undergraduate Diploma.

PROGRAMME DESCRIPTION:

This is a full-time programme, which builds on the student's knowledge of the nursing profession as would have been gained by prior training and working experience. The curriculum provides the student with the knowledge, skills, abilities, attitudes and values that, in composite, relate to the professional competencies and outcome expectations of Nurses who will be assigned to the community health setting.

CONTENT

The programme is divided into **13 courses** as outlined below:

1. **NURS 0100: Physiology** – This is a continuation of and builds on Human Anatomy and Physiology covered in the students' basic curriculum. The course examines the function of the body's systems. Laboratory exercises will allow the students to focus on the examination of selected parts of these systems through histological and skeletal preparations. Emphasis is on student-centred learning, and strategies such as brainstorming, lecture/discussion, questioning and group work will be used to facilitate learners to actively engage with content and develop critical thinking skills.

NURS 0100: Physiology is composed of the following topics: cellular organisation of the body as well as the physiology of the body's system.

2. **NURS 0110: Psychology** – This course is designed as an introductory level or foundational course, which serves as an introduction to psychology. Psychology is a discipline concerned with human thought, emotion, and behaviour. The science and practice of psychology are based on knowledge developed from both human and animal research. The course will therefore introduce many key topics, and specifically those in the sub-fields of developmental, abnormal, and social psychology such as history of psychology, human development and growth, biological foundations of psychology, perception, learning, personality, social cognition, health, stress and coping, human development, cognition and language and social influence, psychological/personality disorders, in addition to other interesting topics. The course also focuses on intelligence, memory, emotions and motivation. After a brief introduction to the history of the discipline and the research methods that provide the foundation for psychological investigation and knowledge building, the focus will be on the sub-areas of developmental, personality, and social psychology. This course will be delivered using a variety of teaching/learning experiences including lectures/discussions, group work, and individual assignments.

NURS 0110: Psychology is composed of the following topics: overview of psychology, human development, personality disorders, psychotherapy and treatment and social psychology.

3. **NURS 0120: Sociology** – This course introduces the problems, issues, themes and main ideas of sociology. It is intended to provide basic social facts about the Caribbean and other similar developing societies, and to enable students to adopt a scientific approach to understanding and interpreting social phenomena. Sociology for the Caribbean lays the foundation upon which advanced academic work in sociology and the other social sciences can be built. Furthermore, the course enables students to tackle contemporary policy problems in a theoretically and empirically informed manner. The teaching and learning environment is student-centred where students are encouraged to take responsibility for their learning needs, e.g., through Problem Based Learning (PBL) activities and active participation in both classroom and clinical areas.

NURS 0120: Sociology – is comprised of the following topics – introduction to sociology, structural functionalism, critical and post-colonial theory, introduction to the sociology of development and introduction to social problems.

4. **NURS 0130: Social History and Social Administration** – This course introduces the students to social policy as it addresses the development of social history and the influence of non-governmental organisations in Trinidad and Tobago. The role of central and local government in this respect will also be examined. The course will be assessed by a variety of formative assessments.

NURS 0130: Social History and Social Administration – is comprised of the following topics: The History of Social Policy, Social Policy and Universal Health, Institutional approach to social policy, social development perspectives in social policy and different aspects of social policy and health care.

5. **NURS 0140: Health Visiting Studies** – This course introduces the students to the principles of health visiting through the application of the nursing process to delivery of care from a primary health care perspective. Various models of care will be examined to determine approaches which may be applied to situations in health visiting. Students will be required to conduct neighbourhood assessments and develop appropriate responses to address the identified needs of individuals, families and communities.

NURS 0140: Health Visiting Studies is composed of the following topics: changing contexts of nursing, models in nursing, nursing process and health visiting, and physiology and care during puerperium.

6. **NURS 0150: Principles and Practice of Teaching** – This course introduces the student to the principles and practice of teaching within community-based settings. Students will examine the concepts of health and wellness, the determinants of health behaviour, national health status, the history of health education and health promotion. The student will be provided with opportunities to apply principles of teaching as an important foundation for population-based health care.

NURS 0150: Principles and Practice of Teaching covers the following topics - theories of learning, theories of learning, development stages of the learner, compliance, motivation and health behaviours of the learner, literacy in the adult client population, behavioural objectives and teaching plans and teaching methods and settings.

7. **NURS 0160: Principles and Practice of Management** – The course provides the student with opportunities to explore organisational, leadership and management motivational theories and their application to midwifery health care administration. It prepares the learner to apply principles of leadership to the management and coordination of care for groups of patients, to better understand and manage the health care environment and its resources, and to supervise the care delivered by members of staff under their supervision. Students will utilise a number of teaching/learning strategies to engage the materials provided in this course in reflecting on health care organisational systems and structures as well as principles of effective leadership/management that is rooted in theoretical perspectives. Upon completion of the course the learner will be able to apply principles of leadership and management in midwifery and in the health care delivery system.

This course will cover the following topics – principles of leadership and management, leadership and management theories, leadership and performance management, team building, delegation, management of change, organisation and power.

8. **NURS 0170: Research Methods** – This introductory research methods course is intended for students as their first introduction to basic research methodology, proposal writing, data analysis and report writing. The goal is to produce a "user-friendly", highly accessible, and straightforward introduction to research methods couched within the quantitative and qualitative traditions of research. It seeks to promote an enthusiastic and knowledgeable interest in research by helping students to become familiar with the language, tools and purposes of research. The course examines qualitative and quantitative approaches to the research process and also guides students in examining strategies for research, its utilisation and dissemination in their study discipline or their area of special interest. It will be assessed using formative and summative assessments.

NURS 0170: Research Methods - is composed of the following topics: research paradigm, identifying research problem, conducting literature review, theoretical and conceptual frameworks, research methodology and proposal development.

9. **NURS 0180: Organisation of Health Services in Trinidad and Tobago** - describes the organisation, role and function of the health and social services in Trinidad and Tobago. The influence of local, regional and international organisations would also be highlighted. The laws pertaining to the provision of health and social services in Trinidad and Tobago will be addressed. The course will be evaluated through a number of formative assessments.

NURS 0180: Organisation of Health Services in Trinidad and Tobago is comprised of the following topics: primary health care, social determinants of health, family-centred care, interprofessional practice, organisation of health system in Trinidad and Tobago, health and gender as well as theoretical and policy approaches to health care.

10. **NURS 0190: Ecology & Environmental Health** - This course examines health issues, scientific understanding of causes, and possible future approaches to control of the major environmental health problems in industrialised and developing countries. Topics include how the body reacts to environmental pollutants; physical, chemical, and biological agents of environmental contamination; vectors for dissemination (air, water, soil); solid and hazardous waste; susceptible populations; biomarkers and risk analysis; the scientific basis for policy decisions; and emerging global environmental health problems.

NURS 0190: Ecology & Environmental Health covers the following topics: principles of human ecology, human ecology and the environment, communicable disease risk assessment, occupational health, environmental health economics and policy and managing environmental waste.

11. **NURS 0200: Professional Aspects of Health Visiting** - This course introduces the students to the concepts, philosophy and principles upon which health visiting in Trinidad and Tobago are based. The origin and development of health visiting at national, regional and international levels will be addressed. Issues for which ethical decisions are required will be examined.

NURS 0200: Professional Aspects of Health Visiting – This course will cover the following topics: concepts related to health visiting, foundations of ethics, ethical aspects of health visiting, professional health visiting in the 21st century, skills in health visiting and role of national, regional and international organisations in health visiting.

12. **NURS 0210: Major Diseases and Conditions Affecting Health** – This course introduces the students to the epidemiological trends in disease surveillance. It will examine the common public health challenges affecting individuals, families and communities along the continuum from a primary care perspective which emphasises health promotion and maintenance. Students will also examine the role of major health conditions on the country’s national development.

The course covers the following topics: frameworks for health promotion, disease prevention and risk reduction, epidemiology, emerging infections, chronic non-communicable diseases, care of family experiencing complications for pre-existing or newly acquired illness, and care of the pregnant woman with sudden pregnancy and post-partum complication.

13. **NURS 0220: Scope of Health Visiting – Area of Practice** – This course is concerned with the application of skills taught in the programme to the professional activities of the health visitor. The course offers opportunities for the participant to integrate concepts and principles which are taught in other areas of the programme to clinical situations. The four family groupings will be used as the basis for identifying family-related problems that may be actual or potential in nature. They will also be provided with opportunities for developing their competence in the conduct of physical assessments, make home visits as well as manage a health facility.

This course will be an internship where students will be attached to clinical areas throughout each RHA.

DELIVERY MODE: The programme will be delivered by face to face and clinical experiences. Each course will be delivered using face-to-face classroom as well as online sessions except those courses that have a clinical practicum component and the internship.

COST:

Tuition Fees:	\$50,000.00 (TT\$)
Compulsory fees:	
Guild Fee	TT\$ 225.00
Identification card (first issue only)	TT\$ 120.00
Caution Money (year of Entry only)	TT\$ 500.00
Students Group Health Plan	TT\$ 100.00
Personal Accident Insurance	TT\$ 20.00
Amenities Fee	TT\$ 500.00
Total compulsory fees	TT\$1,465.00

This programme is NOT GATE approved.