WELCOME

Welcome to The University of the West Indies! This booklet provides first year students with information about activities that comprise the First Year Experience (FYE) programme. FYE is a yearlong university initiative geared towards orienting first year students to life at The University of the West Indies. It compromises tours, workshops, seminars and discussions that help support new students in their orientation and transition to campus life. We strongly advise that you become familiar with these programmes and attend as many as possible.

For further information about the programmes and events listed in this booklet, please email Division of Student Services & Development at studentservicesanddevelopment@sta.uwi.edu or visit our website at sta.uwi.edu/fye

We wish you a great and productive year!
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MEET & GREET

New to Trinidad and Tobago?
In need of reliable transportation from the airport to your residence?

The Meet & Greet service offers advice on transportation options available to take new students to their residences. Meet & Greet is an airport welcome for first year regional and international students who are coming to study at The UWI, St Augustine campus. Students are required to register online at sta.uwi.edu/fye and make the necessary arrangements with the taxi driver to be picked up. Once your booking is confirmed representatives of the Division of Student Services & Development will meet you at the airport, allow you to contact your relatives and direct you to the taxi driver who will take you safely to your residence for the semester.

All transportation costs are minimal and must be covered by the student.

For more information about Meet & Greet visit our website at sta.uwi.edu/dssd or email us at studentservicesanddevelopment@sta.uwi.edu
CAMPUS TOURS

Need help navigating your way around The UWI St. Augustine Campus?

Taking a Campus Tour is a great opportunity for students to become familiar with key buildings, faculties, and other student related facilities at St. Augustine’s Main Campus. This 30-90 minute tour of the campus is administered by well trained Admissions Student Advocates (ASA), who will teach students about the history, and help them discover student life at The UWI St. Augustine Campus.

The tours are available all year and cover Main Campus, including administrative buildings, the UWI Bookshop, Faculties and the Student Activity Centre. New students can also opt to tour their respective faculty buildings, locate classes, labs and other places of interest.

For more information about Campus Tours email campus.tours@sta.uwi.edu or visit the website at sta.uwi.edu/campustours
The Check-In programme allows regional and international students to spend a weekend on campus transitioning to the life at The UWI. Registered participants for this programme will have an opportunity to spend a weekend on hall participating in a host of activities designed to meet their specific orientation needs. Students will engage in discussions with key administrative staff on registration, security, international opportunities, and student support services. Check-In is also a great way for new students to experience the diversity of life and culture in Trinidad and Tobago, interact with other regional and international cultures, and showcase aspects of their own cultures. Participants can also make new friends and become acquainted with life at The UWI St. Augustine Campus. The Check-In programme is sponsored by The UWI and takes place on the weekend before Semester I officially begins.

Interested students must register online via the FYE website (sta.uwi.edu/fye). Please email studentservicesanddevelopment@sta.uwi.edu for more information about Check-In.
WELCOME HOME

First time residing on Hall?
Welcome to the UWI’s Halls of Residence, your home away from home!

Welcome Home is the official welcome reception for first year, first time students residing on a Hall of Residence. Students will learn more about residential life at The UWI St. Augustine Campus, and find out how they can contribute positively to creating a suitable living environment that reflects camaraderie and respect. At this forum, students will hear about life on residence, common security concerns, health related matters, and how to access other support services. Welcome Home is a good opportunity for students to build lasting friendships with local and nonlocal students residing on the halls of residence. Welcome Home takes place on the opening day of the Semester.

Please contact the Student Accommodation Office (On & Off Campus) 662-2002 ext. 82387 or your Hall Administrative Office for further details
**KNOW YOUR FACULTY**

*Know Your Faculty* is the special orientation event for new students hosted by the various faculties. It gives first year students an opportunity to meet Deans, Deputy Deans and other important faculty and staff members. Students will learn more about services provided by their faculties and become familiar with the range of degree programmes, minors and other opportunities offered. Information will be provided about student matters, administrative processes and relevant deadlines.

Students are only required to attend their faculty’s specific orientation session. *Know Your Faculty* takes place during the first semester of each academic year.

**UWI LIFE SUPPORT**

We at The UWI St. Augustine Campus know that this journey is as important to your family as it is to you. We also know that your family will require help adjusting to your new responsibilities and demands. The *UWI Life Support* forum helps parents, guardians and spouses to understand the impact that new academic demands and responsibilities may have on students in their first year of university. Participants will have an opportunity to hear from the psychologist and direct questions to university personnel. The session focuses on strengthening each student’s support system as they navigate through university life. *UWI Life Support* takes place during the first week of Semester I.

For more information please visit sta.uwi.edu/uwilife or email marketing.communications@sta.uwi.edu
UWI LIFE STUDENT

The *UWI Life Student* event is an exhilarating welcome to all newly registered students. At this forum students will get the facts about the services provided by the university, meet campus officials and hear from the psychologist about issues that might affect them during their tenure at The UWI. Students also have an opportunity to interact with their peers and find out more about campus life and activities. This event promises to offer fun activities, exciting challenges, giveaways, live entertainment and other surprises. *UWI Life Student* takes place during the first week of Semester I.

Please visit sta.uwi.edu/uwilife or email marketing.communications@sta.uwi.edu for more information.
UWI GUILD FEST

Discover life outside the classroom at The UWI St. Augustine Campus!

_UWI Guild Fest_ is the Guild of Students’ weeklong orientation event that exposes new students to the wide range of non-academic activities that are available at The UWI St. Augustine Campus. Students will be exposed to the various clubs, societies and student associations of the St Augustine Campus as well as learn of the key student support services made available to them. _UWI Guild Fest_ promotes a balanced university experience and supports involvement in activities that help students become distinctive graduates.

_UWI Guild Fest_ takes place in the first week of September of each academic year.

Please contact the Guild of Students office via email jarell.alder@sta.uwi.edu for more information.
THE POSTGRADUATE EXPERIENCE

The Postgraduate Experience is a welcome ceremony for new postgraduates geared towards assisting in their transition to graduate level study. Students will meet members of the School for Graduate Studies and Research and the Office of Graduate Studies and Research, and hear from past and present graduate students. This is also a great opportunity to learn more about the resources and funding available to postgraduate students. The Postgraduate Experience takes place during Semester I of each academic year.

For more information please contact the Office of Graduate Studies on the 1st floor of the Lloyd Braithwaite Student Administration Building or email postgrad@sta.uwi.edu

KNOW YOUR LIBRARY

Know Your Library is a series of library orientation events for first year and first time students. The programme helps new students discover the range of resources available at the libraries at The UWI St. Augustine Campus. Students are informed about library services, rules and policies and get an opportunity to interact with personnel who can provide support for research papers, securing library material and other related services.

Know Your Library takes place during Semester I of the academic year.

Should you need to book a library tour or find out more information about this service visit the Alma Jordan Library at libraries.sta.uwi.edu/aji
STUDY SKILLS

Need help adjusting to the rigidity that comes with university study?

Study Skills teaches first year students various coping mechanisms for dealing with the rigors of university study. Get tips on practical study habits, time management, efficient exam preparation and transitioning to self-learning. Topics for Study Skills include coping with change, study skills and note taking, maximizing memory, time and stress management, exam preparation and overcoming exam anxiety. Interested students should register via the FYE website sta.uwi.edu/fye. Study Skills workshops take place throughout the academic year.

For more information please contact studentservicesanddevelopment@sta.uwi.edu
ORIENTATION FOR STUDENTS WITH DISABILITIES

Orientation for Students with Disabilities is an interactive educational programme geared towards providing essential information about services and resources available to newly registered students. Students will have an opportunity to interact with, and hear about the experiences of 2nd and 3rd year students with disabilities. Students will also be given an opportunity to forge relationships under the Peer-Pairing programme.

Orientation for Students with Disabilities takes place in Semester I of the academic year.

UWI CLICKS

The UWI Clicks programme allows students to attend a 30-minute session that familiarizes them with UWI’s technological interface. Students will learn to navigate the university’s website and student portal, and find out about the range of online library search mechanisms. This practical session allows students to become familiar with these websites, as well as how to use their official university email addresses. Interested students should visit the FYE website sta.uwi.edu/fye to register.

UWI Clicks sessions take place during the registration period for each semester.
CAREER SEMINARS

Be proactive about your career path and start planning now!

Our career workshops allow first year students to find out about career options and opportunities in their field of study. Students can take an online career assessment (SIGI3) and identify careers best suited for their majors, interests and skills. Students will also be able to get facts about labour market trends in Barbados, Jamaica, and Trinidad and Tobago. First year students are required to attend the session for their Faculty ONLY. Registration takes place at the Careers, Co-curricular & Community Engagement Department, DSSD (1st floor of the Lloyd Braithwaite Student Administration Building). Career Seminars take place during the first semester of the academic year.

For more information please email careers.place@sta.uwi.edu

ORIENTATION FOR EXCHANGE STUDENTS

Planning to spend a semester with us as an exchange student?

Students interested in spending a semester at The UWI will have an opportunity to participate in our session for exchange students. At this session, students will learn about the key student support services, life on campus and strategies for making the most of their exchange experience.

Please contact the Office of Institutional Advancement and Internationalization at 662-2002 extension 84206 or email internationaloffice@sta.uwi.edu for more information.
HEALTH & WELL BEING

Health & Well Being workshops teach first-year, first-time students about the importance of managing their health. Students will learn more about practicing and promoting a healthy lifestyle through proper diet and exercise, basic first aid, alcoholism, coping with homesickness, stress and anxiety. Students will also learn about the range of services available to them at the Health Services Unit and the Counselling and Psychological Services Department (CAPS), DSSD.

Health & Well Being sessions take place in Semester I & II of each academic year.

For more information please email studentservicesanddevelopment@sta.uwi.edu

MY SAC

MY SAC takes place in Semester I. The aim of MY SAC is to inform commuters of the services that are at their disposal, so that they can effectively manage their time on campus. Students who participate in this orientation will learn about how they can become involved in campus life and how to maximize the resources made available for them as commuters.

To get more information on My SAC you can contact the department of Student Activities, Facilities and Commuting Students at sac@sta.uwi.edu or call 662-2002 ext 82252
The Matriculation Ceremony is the formal recognition and induction of new students as members of The University’s academic community. It is marked by the signing of the Matriculation Register and taking of the Academic Vow.

All new students are required to attend the Matriculation Ceremony. This year’s ceremony is carded for 2:30pm on Thursday 20th September, 2018 at the University Sports & Physical Education Centre (UWI SPEC). You may bring one (1) guest to the ceremony.
THE GUILD OF STUDENTS

The **Guild of Students** is the association of students of the University of the West Indies, St. Augustine. The Guild is the recognized means of communication between the student body and the administration of the University. All registered students of the University are automatically members. The **Guild of Students** also organises activities and social events for students so stay in touch! Visit their facebook page at [www.facebook.com/uwistaguild](http://www.facebook.com/uwistaguild) for the latest news and ask about how you can get involved when you visit UWI Guild Fest 2018!

CLUBS AND SOCIETIES

There are several active student clubs and societies on the St. Augustine Campus. Find out more during **UWI Guild Fest 2018** and visit [http://uwiclubs.com](http://uwiclubs.com) and click on the Club Directory.

THE STUDENT ACTIVITY CENTRE

If you commute to the Campus daily, the **Student Activity Centre (SAC)** provides study rooms, lockers, showers and recreational facilities such as pool tables and table tennis boards. The SAC’s Administrative Manager is Mr Curtis Mike. For more on the SAC, call 662-2002 exts. 82419, 84257 or email [sac@sta.uwi.edu](mailto:sac@sta.uwi.edu) and explore the SAC during **FYE 2018**.
THE SPORT & PHYSICAL EDUCATION CENTRE (SPEC)

Whether you are serious about sports or just want to keep a healthy mind and body, the facilities at the UWI Sport & Physical Education Centre (SPEC) are second to none in the region. SPEC’s sports programme uses certified coaches in football, cricket, badminton, hockey, aerobics, volleyball, aqua-aerobics, netball, basketball and taekwondo. There is a multi-purpose indoor court and a gym, grassy fields for cricket, football, track and field, tennis courts and a pool.

To join the SPEC Gym, learn a sport, join a team or access the facilities, visit sta.uwi.edu/spec and download the latest sports schedule and ask about SPEC during FYE 2018.
EATING, SHOPPING & OTHER AMENITIES

Banking facilities, a post office and a bookshop, are available on the main campus at St. Augustine. There are food concessions across the main campus but most are concentrated in or around the JFK Quadrangle and the fare ranges from traditional local cuisine to international fast food chains, including options for vegetarians and the health conscious. They include:

- Arabian Cuisine
- KFC
- Mario’s Pizza & Boomers
- Rituals Café
- Small café
- Yvette’s Creole food
- Celestine & Sons
- Linda’s Bakery
- Pita Pit
- Sava D Flava (BBQ)
- Subway
- Veg Out (Strictly vegetarian)

Doing your own cooking? The following groceries are all within walking distance of the main campus:

- Massy Stores Supermarket (5 minutes away from the campus)
- U-WEE Supermarket (opposite the campus southern gate)
- UWI Mini-Mart (on campus)

There are also two major shopping malls just a few kilometres away where you can get a variety of items ranging from food and clothes to specialty items.
ACADEMIC & SPECIAL NEEDS SUPPORT

For students with temporary or permanent special needs or disabilities, the Student Life and Development Department, DSSD can help you obtain aids and devices such as laptops, USB drives, tape recorders and special software; arrange special accommodations for classes or examinations and liaise with faculties and departments.

Academic Support Services are also available for ALL STUDENTS, including regional, international, postgraduate and mature students. Services include educational assessments for Dyslexia (LADS) and learning and study skills (LASSI); time management, examination strategies, workload management, career planning, study skills, peer tutoring, peer-pairing and counselling services (CAPS).

For further information and to register for support visit sta.uwi.edu/sldd.
HEALTH SERVICES

The Health Services Unit provides free screening and evaluation by nurses and examinations by general practice physicians as well as specific health promotion activities. The Health Services Unit provides a walk-in clinic, Pharmacy and Counselling Service. All actively registered students at The University of the West Indies are eligible to be seen at the Health Service Unit.

For the full range of services available, opening hours, emergency services, external providers, information about the group health insurance plan for students and our statement on confidentiality, visit the Health Services Unit online at sta.uwi.edu/health.

STAY SAFE

The St. Augustine Campus has taken significant steps toward ensuring the safety and security of students, employees and visitors, which is of primary importance. For security tips, procedures in the event of a sexual assault and information on parking as well as the campus shuttle service, visit the Campus Security website sta.uwi.edu/campus-security.
GIVING AND GETTING

Look out for more fun events to help you get the most from your UWI Life: Operation Hot Chocolate – Pulling an all-nighter on Campus preparing for exams? Look out for DSSD staff distributing healthy snacks and warm drinks (coffee, tea, hot chocolate). It’s our way of saying “good luck” and “keep going”!

Community Engagement Projects – Get involved in projects that give back to the wider community that supports you and your university! Sign up at the DSSD to volunteer with one of our many partner organisations on projects that range from tutoring to working on environmental issues.

Contact the department of Careers, Co-Curricular and Community Engagement at shilohnah.phillanders@sta.uwi.edu for more information. Go online for more on these and other Student Support Programmes.