**Tennis Courts**
The following fees apply:

<table>
<thead>
<tr>
<th>Category</th>
<th>Annual Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>UWI Academic Staff</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>Senior Administrative Staff</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>UWI ATSS Members</td>
<td>$500.00</td>
</tr>
<tr>
<td>Non-Staff Members</td>
<td>$2,500.00</td>
</tr>
<tr>
<td>UWI Alumni Association Members</td>
<td>$1,000.00</td>
</tr>
</tbody>
</table>

All payments are made through the bursary.

**Conference / Meeting Room**
- Exams / Meetings / Classes / Seminars
- 2 rooms - each seating 30 persons with tables
- Divide is removable to create a larger room

Includes:
- Tables
- Chairs
- White boards
- Lectern

**Additional facilities & services include:**
- Concessionaire’s area
- Two Ticket booths
- Two massage rooms
- Male and female locker rooms on either side
- Officials’ room
- Television
- Stage
- Massage Therapy Services
- First Aid Services

**Facility Rentals\Usage**
Application forms for use are available at UWI SPEC.

**Equipment**
Equipment for sporting activities are available at UWI SPEC from any Facility Attendant on duty. You are required to leave your student ID with the Facility Attendant until the equipment is returned.

---

**SPORT SCHEDULE**

**UWI COMPETITIVE TEAMS**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Days</th>
<th>Time</th>
<th>Court</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball (M)</td>
<td>T-W</td>
<td>5.30pm - 7.30pm</td>
<td>OC</td>
</tr>
<tr>
<td></td>
<td>TH</td>
<td>7.30pm - 9.45pm</td>
<td>IC</td>
</tr>
<tr>
<td>Basketball (W)</td>
<td>T-TH</td>
<td>5.30pm - 7.30pm</td>
<td>OC</td>
</tr>
<tr>
<td>Cheerleading</td>
<td>W-TH</td>
<td>6.00pm - 7.30pm</td>
<td>IC</td>
</tr>
<tr>
<td>Cricket</td>
<td>M-W</td>
<td>4.00pm - 7.00pm</td>
<td>CN</td>
</tr>
<tr>
<td></td>
<td>TH</td>
<td>1.00pm - 6.00pm</td>
<td></td>
</tr>
<tr>
<td>Football (W)</td>
<td>M-W</td>
<td>5.00pm - 7.00pm</td>
<td>AFE</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>4.30pm - 6.30pm</td>
<td></td>
</tr>
<tr>
<td>Football (M)</td>
<td>M-T</td>
<td>6.00am - 3.00pm</td>
<td>G</td>
</tr>
<tr>
<td></td>
<td>W-TH</td>
<td>7.00pm - 9.45pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hockey</td>
<td>M-W</td>
<td>6.30pm - 8.30pm</td>
<td>OC</td>
</tr>
<tr>
<td></td>
<td>TH</td>
<td>5.00pm - 7.00pm</td>
<td>IC</td>
</tr>
<tr>
<td>Netball</td>
<td>M-TH</td>
<td>6.00pm - 7.30pm</td>
<td>IC</td>
</tr>
<tr>
<td>Swimming</td>
<td>M-W</td>
<td>7.30pm - 9.30pm</td>
<td>LJ</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>M-W</td>
<td>7.30pm - 9.45pm</td>
<td>IC</td>
</tr>
<tr>
<td>Tennis</td>
<td>M-F</td>
<td>6.00pm - 8.00pm</td>
<td>TC</td>
</tr>
<tr>
<td></td>
<td>SA-SU</td>
<td>2.00pm - 4.00pm</td>
<td></td>
</tr>
<tr>
<td>Track</td>
<td>M-W</td>
<td>4.00pm - 7.00pm</td>
<td>SFW</td>
</tr>
<tr>
<td></td>
<td>TH</td>
<td>4.00pm - 7.00pm</td>
<td></td>
</tr>
<tr>
<td>Field</td>
<td>T-TH</td>
<td>7.30pm - 9.45pm</td>
<td>OC</td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>7.45pm - 9.45pm</td>
<td>IC</td>
</tr>
<tr>
<td>Volleyball</td>
<td>M-W</td>
<td>7.30pm - 9.45pm</td>
<td>OC</td>
</tr>
<tr>
<td></td>
<td>T</td>
<td>7.45pm - 9.45pm</td>
<td>IC</td>
</tr>
<tr>
<td>Rugby</td>
<td>T-TH</td>
<td>5.30pm - 8.00pm</td>
<td>R</td>
</tr>
</tbody>
</table>

---

**STUDENT AND STAFF ACTIVITIES**

IC Indoor Court · OC Outdoor Court · AFE Admin Field East
CN Cricket Nets · TC UWI Tennis Court · LJ La Joya Swim Pool
SFW Sir Frank Worrell Field · SP Swimming Pool · G Gym

---

www.sta.uwi.edu/spec
Tel: 662-2002 ext 3571, 3810, 4384
Welcome to the University of the West Indies Sport and Physical Education Centre (SPEC). The premier academic sporting facility in Trinidad and Tobago and the Caribbean.

SPEC seeks to provide the optimum opportunity for students and staff to develop healthy lifestyles.

Students will have access to professional coaches and instructors in all sporting disciplines.

SPEC management and staff will assist and support all student centered events.

Contacts:
Dr. Iva Gloudon
Director of Sport & Physical Education

Mr. Edward Weston
Facility Supervisor

Mr. Anthony Walcott (478-0030)
Evening Facility Supervisor

Mr. Jesse Blackman
Sport Manager

Ms. Karen Wickham
Sport Manager (Female)

---

**FACILITIES/SERVICES**

**Gym**

Opening hours - Monday to Friday  6:00am - 9:45pm
You are ONLY allowed three (3) 1 hour sessions of weight training per week.

Our gym gives you the opportunity to improve your personal fitness level from a wide range of exercise apparatus.

- 24 spinn bikes
- 4 treadmills
- 4 Step 600XT Pro machines
- 3 stationary bikes
- 3 Glidex elliptical machines
- 1 abdominal machine
- 1 abductor machine
- 1 adductor machine
- 1 leg press
- 1 gluteus machine
- 1 back machine
- 1 bench press machine
- 1 incline press machine
- 1 calf machine
- 1 leg extension machine
- 1 Ercolina
- 1 shoulder press
- 1 pull up bar
- 5lbs-100lbs free weights
- 9lbs-90lbs Kettle weights
- Medicine balls
- Exercise balls

You must bring your hand towel and Gym ID Card at each visit.

The following fees apply:

The following fees apply: **Annually** (Aug. 1–Jul.31)

<table>
<thead>
<tr>
<th></th>
<th>Single</th>
<th>Family (2 persons)</th>
<th>Family (3 or more, of whom only 2 may be over 18 years old)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATSS</td>
<td>$600</td>
<td>$150</td>
<td>$200</td>
</tr>
<tr>
<td>Academic Staff</td>
<td>$1200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students</td>
<td>$100 per Semester</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

All payments are made through the bursary who also issue the gym passes.

For more information, contact: Ext. 4383 or 4384

---

**Indoor/Outdoor Court**

Multidisciplinary Court with markings for:

- Basketball
- Badminton
- Festal
- Indoor hockey
- Netball
- Volleyball
- Table Tennis

**Grass playing fields**

Sir Frank Worrell Field
- Cricket (nets and changing rooms)
- Rugby
- Football
- Hockey
- Track & Field

**Admin Fields**

- East Field
- West Field

**Swimming Pool**

Open Swim - Mon., Wed. & Fri. 9:30am - 5:45pm
Sat. & Sun. 9:00am - 4:15pm
Aqua Aerobics - Tues. & Thur. 4:00pm - 6:00pm

You must bring your UWI ID card at each visit.

---

Welcome to the University of the West Indies Sport and Physical Education Centre (SPEC). The premier academic sporting facility in Trinidad and Tobago and the Caribbean.

SPEC seeks to provide the optimum opportunity for students and staff to develop healthy lifestyles.

Students will have access to professional coaches and instructors in all sporting disciplines.

SPEC management and staff will assist and support all student centered events.

Contacts:
Dr. Iva Gloudon
Director of Sport & Physical Education

Mr. Edward Weston
Facility Supervisor

Mr. Anthony Walcott (478-0030)
Evening Facility Supervisor

Mr. Jesse Blackman
Sport Manager

Ms. Karen Wickham
Sport Manager (Female)