



UWI
**Employee Assistance
Wellness Programme**

STAFF WELLNESS FAIR
13th August, 2009 • 11:30 a.m. to 4:30 p.m.
Daaga Auditorium

FREE SERVICES AVAILABLE

- Oral Care- Johnson & Johnson, School of Dentistry
- Find out if you are pre-disposed to Diabetes- JT Rapid Diagnostic
- Vision Screening
- Hair & Skin Care- Life Sciences Department
- Free Health Screening
- Cholesterol Testing (requires fasting for 9-12 hours)

SAMPLING

- Wheat crisps
- Light biscuits
- Yogurt
- Soya chunks
- Splenda
- Caribbean Cool
- Ultra Malt, Ginseng up
- Fresh Cow's Milk (University Field Station)

SPIN CHALLENGE

- Prizes to be won
- Waiver to be signed before competition

