

PREFERRED PROVIDER ORGANISATION (PPO)

Pharmacies

North

Express Drugs Limited	102 Western Main Rd. St. James	628-1527 / 622-7942
St. James Pharmacy	11 Western Main Rd St. James	622-0321
Young's Pharma-Serv Limited	26 Saddle Rd Maraval, Port of Spain	622-6478
A & L Pharmacy	1 David Ben Gurion Avenue Morne Coco Rd., Petit Valley	637-4868
Bhagan's Drug Store	10 Broadway, Port of Spain	627-5541
Disdrugs Limited	68 Independence Square Port of Spain	625-6145
SuperPharm Ltd	135 Bergerac Terrace Maraval	800-4969 Ext 2501
Bhagan's Drugs Woodbrook Ltd	43 Tragarete Road Woodbrook	622-1486

East

Kadmin's Pharmacy Limited	76 Eastern Main Rd San Juan	674-2577
St. Joseph Pharmacy	43 Eastern Main Rd St. Joseph	663-3663
Medicare Drugs Limited	Cor. El Dorado Rd Eastern Main Rd., Tunapuna	663-6061
Midtown Pharmacy Limited	69 Eastern Main Road Tunapuna	645-5763/6207
ADC Pharmacy	No. 25 Hollis Avenue Arima	664-3850/3519
Hometown Pharmacy	15A Queen St., Arima	667-2000

Express Drugs Limited	62 Aranguez Main Rd. Aranguez	675-5978
Bhagan's Drug Store	48C Broadway, Arima	667-3295 / 667-1791
Bhagan's Drug Store	Ridgewood Plaza, Arima	667-1791
Med Farm Drugs Limited	Cor. O'Meara Road & O'Connor Drive Xtra Food Compound Arima	646-5858
SuperPharm Ltd	LP #33 Zone 29 B Trincity Central Road Trincity	800-4969 ext 2801
Pharmax Pharmacy	3 Foster Road Eastern Main Road Sangre Grande	668-7348
Bonanza Drugs Ltd.	49 Eastern Main Road Petit Bourg San Juan	674-1465
Vita Drugs Limited	El Socorro Mini Plaza, Mohammedville & El Socorro Rd. San Juan	674-9435
S.A.P.H Limited (Pharmacy)	4 Austin Street St. Augustine	663-7274
Med Farm Drugs Limited	49 Corner E.M.R. & Cane Farm Rd Tacarigua	640-0004
U.W.I. Pharmacy	U.W.I. Pharmacy Health Services Unit The University of the West Indies St. Augustine	662-2002 ext 2153
SuperPharm	Corner Morequito Avenue & Churchill Roosevelt Highway Valsayn	800-4969 ext 2301

West

SuperPharm Ltd	No. 1 Columbus Circle Westmoorings	800-4969 ext 2101
----------------	---------------------------------------	-------------------

Central

Montrose Pharmacy	Main Road Montrose Junction Chaguanas	665-4656
-------------------	---	----------

Medicine Center, The	Mid Centre Mall, Chaguanas	671-1893
----------------------	----------------------------	----------

Bhagwat's Pharmacy	30 Main Road Chaguanas	671-3311
--------------------	---------------------------	----------

Specialist Pharmacy	LP No. 53 St. Mary's Junction Freeport	672-5108
---------------------	---	----------

Bhagan's Drugs (Price Plaza)	Endeavour Road, Chaguanas	671-7286
------------------------------	---------------------------	----------

Central Drugs Limited	37 Southern Main Rd., California	636-9965
-----------------------	----------------------------------	----------

Carol's Pharmacy	189 Southern Main Road Couva	636-4801
------------------	---------------------------------	----------

Charlieville Community Pharmacy	131 Caroni Savannah Rd., Charlieville, Chaguanas	672-5948
---------------------------------	---	----------

SuperPharm Limited	Narsaloo Ramaya Road Endeavour Chaguanas	800-4969 ext 2201
--------------------	--	-------------------

South

Valini's Drug Mart Limited	58-60 Sutton St., San Fernando	657-6444 / 657-1053
----------------------------	-----------------------------------	---------------------

Parkway Pharmacy	235 St. Charles Village Princes Town	655-0220 / 655-0917
------------------	---	---------------------

Parkway Pharmacy	91 S.S. Erin Road Palmiste, San Fernando	657-3231 / 653-4665
------------------	---	---------------------

Lisa's Pharmacy	54 Bamboo Bay Road Gulf View	697-3096
Ralph's Pharmacy	13 Penal Rock Road Penal	647-7075
Umraw's Pharmacy	6 Clarke Road Junction Penal	647-4464
Seeta Pharmacy	29 De Gannes Lane Siparia	649-0122
Lisa's Drug Mart	17 A High Street Siparia	649-2176
Shireen's Pharmacy	Cipero Street San Fernando	652-7103
Lisa's Pharmacy	109 Guapo Road Fyzabad	677-3903
Ramkoon's Pharmacy	Mayaro Junction Mayaro.	630-3784
Southern Drug Mart	1066 S.S. Erin Main Road Debe	647-7139
SuperPharm Ltd	Lot #2 South Trunk Road La Romain	800-4969 ext 2601

BARRACKPORE

Barrackpore Medical Centre Pharmacy	735 Papourie Road Lower Barrackpore Barrackpore	654-5022
--	---	----------

TOBAGO

Bhagan's Drugs Tobago Ltd	Gulf City Boulevard Low Land Tobago	660-8431
---------------------------	---	----------

Mid-East Drugs Ltd Confidential	Main Road	
------------------------------------	-----------	--

Hospitals

Please note that all doctors operating out of hospitals on our network are not necessarily providers on our network. Please check listing of doctors before proceeding.

Name	Address	Phone Number
St. Augustine Private Hospital	- 4 Austin Street, St. Augustine	663-7274 662-5555/ 7777/8888
Medical Associates Limited	- Cor. Albert & Abercromby Sts St. Joseph	662-2766
St. Clair Medical Centre	- 18 Elizabeth St, Port of Spain	628-1451/2 628-8615
Cross Crossing Medical	- Oliver Ave., Cross-Crossing San Fernando	652-4411
Southern Specialist Clinic	-26 Quenca Street San Fernando	652-2870
Gulf View Medical Centre	-715-716 M Connie Street Gulf View, La Romain San Fernando	652-7102
The Surgi-Med Clinic	-Cor. Penitence & Chacon Streets San Fernando	652-4958/0383/2197
Victoria Nursing Home Limited	- 9-13 Archibald Street Vistabella.	652-3677 652-3153
West Shore Medical Limited	-239 Western Main Road Cocorite	622-9878
Medical Associates Central Hospital	LP No. 3 Montrose Main Road Chaguanas	223-6898 223-5138

DENTAL SURGEONS & ORTHODONTISTS

Name	Address	Phone Number
PORT OF SPAIN		
Dr N Woon Sam & Association	43-45 Frederick Street Port of Spain	623-2326
Dr Carlyle Russel-Hosein	66 Maraval Road Maraval	622-5039
Dr Lorin Paton	145 Tragarete Road St James	622-5806
Dr. Arthur Seebalack	145 Tragarete Road St. James	622-5806
Dr Nandalal Dharrie Maharaj	14 Murray Street Woodbrook	625-5735
Dr Arlene Wright (Orthodontist)	38 Petra Street Woodbrook	625-6784 627-3244
Cosheb Professional Serv. Ltd.	No. 9 Meerut Street Long Circular Road St. James	622-5662
Dr Sastri Harnarayan (Orthodontist)	2 Ana Street Woodbrook	625-0643
Dr. Alida Jagdeo	Smile Works Suite 103 Precision Place 43-45 Woodford Street Port of Spain	622-6893
Dr. Paiman Lalla	Tropical Dental Doctor's Inn Corner Oxford Henry & Charlotte Street Port of Spain	624-9500

	Chase Village Chaguanas	672-4169
Dr. Dion Koonoolal	Caribbean Smiles Dental Place No. 47 Endeavour Road Chaguanas	671-2344

FREEPORT

Dr. Anil Kamta	Freeport Dental & Implant Centre E.P. 597 S.M.R. St Mary's Carapichaima	393-5200
----------------	---	----------

CUNUPIA

Dr. Dion Koonoolal	Caribbean Smiles Dental Place LP No. 254 Southern Main Road Cunupia	693-0844
--------------------	--	----------

COUVA

Dr J.H. Standring & Association	Couva Dental Centre 150 Southern Main Road Couva	636-8083
---------------------------------	--	----------

Dr. Roosevelt Rock	Quality Dental Care Juman's Building Southern Main Road	636-8696
--------------------	---	----------

SAN FERNANDO

Dr N. Souza-Okpofabri & Ass'n.	San Fernando Dental Centre 11A Gordon Street	657-6453
--------------------------------	---	----------

Tara Pollonais	Carlton Centre Cathay House (Top Floor)	652-7806
----------------	--	----------

Dr Pravin Sharma	Dental & Implant Centre Gulf View Medical Centre 715-716 Mc Connie Street Gulf View, La Romain	652-2117
------------------	---	----------

Dr Sastri Harnarayan (Orthodontist)	76-78 Seukeran Street San Fernando	657-7885
--	---------------------------------------	----------

Dr. Paiman Lalla	Tropical Dental Victoria Nursing Home No. 5 Archibald Street
------------------	--

	Vistabella	653-0436
Dr. Nicholas Indar	White Rose Dental Care Southern Medical Clinic 26-34 Quenca Street San Fernando	652-4535 Ext 330
Dr. Roosevelt Rock	Quality Dental Care No. 518 Avocat Village Fyzabad	677-4188

PRINCES TOWN

Dr Adesh Nanan	Nanan's Dental Clinic The Perfect Smile 61 High Street, Princes Town	655-3416
----------------	--	----------

POINT FORTIN

Dr. Mark Ragoonanan	Miracle Dental Care Limited 41 Tanner Street Point Fortin	648-4000
---------------------	---	----------

PENAL

Dr. Surendra Rampersad	The Dental Office Rampersad Plaza Penal Junction Penal	647-3525
------------------------	---	----------

BARRACKPORE

Dr. Anil Kamta	Freeport Dental & Implant Centre No. 727 Papourie Road Lower Barrackpore	333-2052
----------------	--	----------

AROUCA

Dr Leslie Liverpool	#67 Eastern Main Road D'abadie	646-8118
---------------------	-----------------------------------	----------

SANGRE GRANDE

Dr Christopher Mawer	Eastern Main Road	668-2083/3384
Dr Beverly-Anne Callender	Eastern Main Road	668-2083/3384

ARIMA

Dr Nandalal Dharrie Maharaj 48 Green Street 667-3787

Dr. Dale Ahyoung Merit Dental Centre Ltd 664-3534
 No. 20 Devenish Street 667-7521 Fax
 Arima

TOBAGO

Dr Warren Steele Oracare Dental Centre
 32 Wilson Road
 Scarborough 660-6725

SPECIALISTS

Last Name	First Name	Speciality	Address	Phone
Maharaj	Ricky	Cardiologist	Medical Associates Cor Albert & Abercromby Sts St. Joseph	662-2766
Maharaj	Ricky	Cardiologist	Golden Care Medical Clinic Shops of Arima Tumpuna Road Arima 221-6993, 350-0511	
Tilluckdharry	Roy	Cardiologist	Cross Crossing Medical Centre, Oliver Ave, Coconut Dr., San Fernando	652-4411
Edwards-Ramoutar	Audrey	Dermatologist	Western Medical Radiology 9 Long Circular Rd St. James	622-4113
Edwards-Ramoutar	Audrey	Dermatologist	76 Eastern Main Road San Juan	628-7802
Henry	Judith	Gastroenterologist	31, Gordon St., Port of Spain	625-3445
Smith	Steve	Gastroenterologist	15 Carib St. San Fernando	657-2635

Ariyanayagam	Denaesh	General Surgeon	St. Augustine Private Hospital 4 Austin Street St. Augustine	662-7777 662-5555
Fung Kee Fung	Kieron	General Surgeon	7 Fitz Blackman Drive Woodbrook	623-0401
Thomas	Dexter	General Surgeon	239 Western Main Rd West Shore Medical Hospital Cocorite	622-9376 628-5910
Thomas	Dexter	General Surgeon	Paradise Place 12 Eastern Main Rd Tacarigua	640-6582
Maharaj	Ravi	General/Surgical Onocology	St. Augustine Private Hospital 4 Austin Street St Augustine	662-7777 663-7274 Ext 3700
Maharaj	Ravi	General/Surgical Onocology	Medical Associates Limited Cor Albert & Abercromby St St. Joseph	662-6566 662-2766 Ext 2312
Mathura	Ramesh	Haematologist	27 Ramsaran St Chaguanas (Borde)	671-8251 662-3377
Dan	Dilip V.	Laprosopic Surgeon	Surgi-Medical Clinic Chacon & Penitence St San Fernando	652-4958 /0383/2197
Adam	Rasheed	Neurosurgeon	The Surgi-Med Clinic Chacon & Penitence Streets San Fernando	653-4585 652-2197
Adam	Rasheed	Neurosurgeon	121 Western Main Road St. James	622-6023
Adam	Rasheed	Neurosurgeon	Suite 12, Triangle Building 34 Carrington Street Scarborough Tobago	
Bedaysie	Henry	Neurosurgeon	c/o Westshore Medical Centre 239 Western Main Road Cocorite.	628-2209 622-9878

Knight	Patrick	Neurosurgeon	Prosurg Medical Clinic Cor. of Railway Road & Pro Queen Street Arima 221-0734
Ali	Afraz	Obs&Gyn	4 Austin Street 662-7777 St. Augustine Private Hospital St. Augustine
Ali	Jehan	Obs & Gyn	26 Quenca Street 652-9673 San Fernando
Bodoe	Lackram	Obs&Gyn	Gulf View Medical 715-718 Mc Connie St. Gulf View, La Romain 652-7154 San Fernando 657-3453
Brewster	Earl	Obs&Gyn	84 Maraval Rd 622-2979 Newtown, Port of Spain
Kaloo-Deyalsingh	Sherene	Obs&Gyn	MTS Plaza 674-1457 11 Aranguéz Main Road San Juan
Kaloo-Deyalsingh	Sherene	Obs&Gyn	St. Augustine Private Hospital 4 Austin Street St. Augustine 674-1457
Morris	Peter	Obs&Gyn	102 Independence Ave San Fernando 657-8906 652-5636
Wheeler	Victor	Obs&Gyn	Triangle Building 660-7382 34 Carrington Street Scarborough, Tobago
Gentle	Peter	Orthopaedic Surgeon	The Surgi Med Clinic 652-4958 Cor. Penitence & Chacon Street San Fernando
Young Pong	Curtis	Orthopaedic Surgeon	St. Clair Medical Centre 18 Elizabeth Street Port of Spain 628-1452 Ext 316
Young Pong	Curtis	Orthopaedic Surgeon	Calder Hall Medical Centre 38 Calder Hall Road Tobago 660-7873

Young Pong	Curtis	Orthopaedic Surgeon	11 Long Circular Road St. James	622-4113
Young Pong	Curtis	Orthopaedic Surgeon	West Shore Medical Limited Cocorite	622-9878
Budhoo	Emerson	Orthopaedic Surgeon	Prosurg Medical Clinic Cor. of Railway Road & Pro Queen Street Arima	221-0734
Thomas	Dylan	Orthopaedic Surgeon	Prosurg Medical Clinic Cor. of Railway Road & Pro Queen Street Arima	221-0734
Mahabir	Boysie	Ophthalmologist	Level 4, Long Circular Mall St. James	622-0000
Mahabir	Boysie	Ophthalmologist	16-18 Eastern Main Rd Tunapuna	663-9842
Mahabir	Boysie	Ophthalmologist	Carlton Centre San Fernando	657-2879
Mahabir	Anirudh	Ophthalmologist	Surgi Med Clinic Chacon & Penitence Streets San Fernando	652-4958
Juman	Solaiman	Otolaryngologist	Campus House 32 Eastern Main Road St. Augustine	645-2368
Medford	Steve	Otolaryngologist	Gulf View Medical Centre 715-716 Mc Connie Street Gulf View La Romain	652-7102
Trinidad	Austin	Otolaryngologist	Surgi Med Clinic Chacon & Penitence Streets San Fernando	652-4958
Minocha	Umang	Paediatrician	Gulf View Medical 715-718 Mc Connie St. Gulf View, La Romain	652-7102

San Fernando

Minocha	Umang	Paediatrician	Victoria Medical Office (Next to) Victoria Nursing Home Vistabella	653-4585
Murphy	Alison	Paediatrician	3 Adam-Smith Sq. Woodbrook Port of Spain	625-6060
Stewart	Vanessa	Paediatrician	30 Luis Street Woodbrook Port of Spain	624-8394
Warris	Haffiz	Paediatrician	St. Augustine Private Hospital 4 Austin Street, St. Augustine	662-5555 662-7777
Thomas	Rose Marie	Paediatrician	Frontier Kids Care #23 Mc Donald Place Cor. Phillip & Mc Donald Streets Curepe	645-9605
Parag	Rajindra	Paediatrician	Gulf View Medical Centre # 715-716 Mc Connie St. Gulf View La Romain	652-7102
Alexander	Diane	Pediatric Cardiologist	74-76 Dundonald Street Port of Spain	625-9007
Ramsaran	Cherrita	Physician Specialist	The Health Service Unit The University of the West Indies St. Augustine	662-2002 Ext 82153
Reid	Sandra	Psychiatrist	144 Eastern Main Road Petit Bourg	638-4748
Ayoung Chee	Wilson	Urologist	St. Clair Medical Centre, 18 Elizabeth St, St. Clair	622-2358 628-1451 680-9406
Ayoung Chee	Philip	Urologist	Surgi-Medical Clinic	652-4958

			Chacon & Penitence Street San Fernando /0383/2197
Goetz	Lester	Urologist	Gulf View Medical 652-7102 Centre, Gulf View Link Rd San Fernando
Goetz	Lester	Urologist	Medical Associates 662-2766 Cor. Albert & Abercromby Sts. St. Joseph
Niles	Brian	Urologist	116 Roberts Street 628-8080 Woodbrook
Niles	Brian	Urologist	Tobago Urology Clinic Community Hospital Scarborough Tobago , 639-1115
Sawh	Lal	Urologist	Southern Medical 657-7294 Clinic, 26-34, Quenca St. San Fernando
Sawh	Lal	Urologist	Goodhealth Medical Centre 623-7294 7 Fitz Blackman Dr 625-7294 Woodbrook, Port of Spain

General Practitioners

Port of Spain

Telemaque	Michael	G.P	37 Long Circular Rd, St. James	622-9376
De Souza	Richard	G.P	130 Diego Martin Main. Rd., Diego Martin	632-2909
Robertson	Jill	G.P	8 Saddle Road Maraval Cor. Scott Drive.	628-0106
Pooran	Renata	G.P.	23, Lucknow Street St. James	622-7032

Girod	Everard	G.P	8 Saddle Road Maraval	628-3362
Young Pong	Oliver	G.P	11 Long Circular Road St James	622-4113 628-7802

San Fernando

Ramsaran-Deonarine	Renuka	G.P	17-19, Court Street,	657-5251
Gobin	Ronald	G.P	416 Southern Mn. Rd., La Romain, San Fernando	652-9193
Hosein	Peter	G.P	1 Point A Pierre Rd.,	652-4378
Moonan	Sankar	G.P	42 Royal Rd,	652-3664
Mootoo	Romesh	G.P	Medical Centre, 7 Keate St.	652-7144
Imambaksh	Keith	G.P	Gordon Street Family Care Clinic 29 Independence Avenue San Fernando	657-1607

Sangre Grande

Paltoo	Cyril	G.P	Savi Street, Boodooville.	668-4532
--------	-------	-----	------------------------------	----------

St. Augustine/Tunapuna

Rattan	Dipchand	G.P	93 Eastern Main Rd.,	662-4528
Robinson	Sonia	G.P	Mc Carty & Warner Sts,	645-4874
Bissessar	Paul	G.P	1 Balthazar St., Tunapuna	662-5476
Gyan-Tota-Maharaj	Vidhya	G.P	268 Eastern Main Rd. El Dorado.	662-8819
Tilluckdharry	Clive	G.P	91 Eastern Main Rd.	645-2423
Ramsaran	Cherrita	G.P	Cor. Warren Street & Private Road	662-8468
Ramsaran	Cherrita	G.P	The Health Service Unit	

The University of the
West Indies
662-2002
Ext 82153

TACARIGUA

Harrysingh	Mahase	G.P	#133 Eastern Mn Rd	640-3867
Ali	Dalton	G.P	2 nd Floor, 213, Eastern Mn Rd	640-7221

Curepe

Mohammed	Wahid	G.P	11 Eastern Main Rd	663-8946
Akal	Mel	G.P	118 Southern Main Rd.	663-1459

San Juan

Deyalsingh	Varma	G.P	M. T. S. Plaza Plaza Aranguez	674-1457
Tewari	Gautam	G.P	El Socorro Rd.,	675-3811
Inalsingh	Calvin	G.P	49 Eastern Mn Rd. Petit Bourg	638-1733
Singh	Neil	G.P	Cor. Mohammed Ville & El Socorro Road, San Juan	674-5746

Arima

Franklyn-Frederick	Martha	G.P	20 Devenish Rd.,	667-2371
Lodenquai	Joyce	G.P	31 Sorzano St.,	667-3383
Ramcharan	Lloyd	G.P	15 El Carmen St.,	667-3132
Inalsingh	Calvin	G.P	6 John Shaw Avenue	667-3844
Williams	Roger M.	G.P	Shops of Arima Tumpuna Arima	223-7282

D'ABADIE

Craig	Garthlyn	G.P	4 La Resource Rd D'abadie	642-3846
-------	----------	-----	------------------------------	----------

Chaguanas

Daniel	Ivan	G.P	33 Ramsaran Rd. Ramsaran Park,	665-5764
Patel	Mahesh K.	G.P	Main Rd. Montrose Junction, Montrose.	665-8050
Rocke	Selwyn	G.P	27 De Verteuil St.,	665-6593
Ali	Omar	G.P	Main Road, Montrose	665-7108
Badri-Maharaj	Krishna	G.P	L.P. 202, Montrose	665-5276

Southern Areas

Israel	Mohammed	G.P	#28 Church Street Point Fortin	648-1429
Ragoonan	Deodath	G.P	29 De Gannes Lane, Siparia	649-0122
Maharaj	Marvindra	G.P.	1071 SS Erin Road Boodoo Trace, Penal	647-1646

Princes Town

Silochan	Keith	G.P	100 High Street,	655-0311
Harrinanan	Roopnarine	G.P	Princes Town Medical Centre High Street	655-3576

Barrackpore

Kumar	Y. Mahesh	G.P.	Barrackpore Medical Centre 727 Papourie Road Barrackpore	654-5022
-------	-----------	------	--	----------

Rio Claro

Rampaul	Maniram	G.P	High Street,	644-2280
---------	---------	-----	--------------	----------

Tobago

Kumar	Sandeep	G.P	Rockley Vale Scarborough	639-3157
Maxwell	Adeyemi	G.P	Bacolet Street Scarborough	639-1848

Listing of Laboratories

<u>Port of Spain</u>	Address	Phone No.
Victoria Laboratories Ltd.	64 Pembroke St., Port of Spain	625-8493
Dr. Bal Ramsaran	St. Clair Medical Centre Elizabeth St. & St. Clair Ave.	628-2855
Medical Diagnostic Technologies Ltd.	X-Ray Department Specialist Centre 74-76 Dundonald St	625-9729
Renand Limited	#23 Lucknow Street St James	622-7032
Bio-Medical Laboratory	#9 Long Circular Road St James	622-8450
MRI Trinidad & Tobago Ltd	No. 1-7 Fitz Blackman Drive (next to the National Stadium) Port of Spain	623-4674
St Clair MRI Centre	11 Havelock Street St Clair	628-9780 628-7157
Calder Hall Medical Centre	No. 2 Kavanaugh Street St. Clair	622-6431
Pink Hibiscus Breast Health Specialist	#5 Adam Smith House Square Woodbrook	627-1010 (fax) 625-1020
Advanced Cardiovascular Institute Ltd	239 Western Main Road Cocorite	628-4740 625-893

St. Augustine

St. Augustine Radiology Service Limited 4 Austin Street
St. Augustine 663-7274

St. Joseph

Dr. Bal Ramsaran Mik Arl Building
143 Eastern Mn. Rd.
St. Augustine 663-2387
(fax) 662-2802

Curepe

Curepe Medical Laboratory Services Limited 11 Eastern Main Road
Curepe 662-1217

Tacarigua

Medical Diagnostic Technologies Ltd. X-Ray Department
Rickhi Plaza 640-9729

Arima

Arima Diagnostic Clinic 25 Hollis Street
Arima 664-3850 / 3519

Dr. Bal Ramsaran 31 Sorzano St. 667-3048

See Through Limited 21 Woodford St., 667-1181

Prosurg Medical Clinic Cor. Railway Road & Pro Queen St
Arima 221-0734

San Fernando

Southern Medical Services Company Limited 26-34 Quenca Street
San Fernando 652-2078

Victoria Laboratories Ltd. 9-13 Archibald St.
Vistabella 652-4583/4579
657-0761 (fax)

Victoria Occupational Health & Wellness Centre 9-13 Archibald St
Vistabella 652-4579

652-4583

Lab Medica Services Cor St James St & Point a Pierre Rd 652-4947
San Fernando

Gasparillo

Gasparillo Diagnostic Centre 7 Harmony Hall Road 650-3722/326/1101
Gasparillo

Chaguanas

Victoria Laboratories Ltd. 14 Endeavour Rd. 665-1928

Dr. Bal Ramsaran Main Rd. Montrose 672-2387

Medical Diagnostic X-Ray Department, Specialist 671-9729
Technologies Ltd. Centre, 84 Main Road

Hi Tech Medical Laboratory Chaguanas Specialist Centre 665-2049
Services Limited Main Road

Hi Tech Medical Laboratory Dr Rocke's Building 671-2919
Services Limited 11 De Verteuil Street

Couva

Victoria Laboratories Ltd. 22 Southern Mn. Rd. 636-4567

Lab Medica Services Southern Main Rd 636-2621

Point Fortin

Victoria Laboratories Ltd. 8 Guapo Cap De Ville Rd. 648-1862

Princes Town

Victoria Laboratories Ltd. 7 Lothians Rd. 655-9932

Penal

Premium Medical Lab Services	1071 SS Erin Road	647-1646
------------------------------	-------------------	----------

Penal

Tobago

Scarborough Medical Laboratory	Maharaj Building Main Street Scarborough	639-6256
--------------------------------	--	----------

Calder Hall Medical Centre	38 Calder Hall Road Scarborough	639-8516
----------------------------	------------------------------------	----------

List of Opticians

Port of Spain

Optometrists Today	76 Frederick Street	623-2329
--------------------	---------------------	----------

Imperial Optical (Trinidad)	110-112 Frederick Street	623-7080
-----------------------------	--------------------------	----------

Imperial Optical (Trinidad) Ltd	55 Dundonald Street	623-6795
---------------------------------	---------------------	----------

Allison's Eye Clinic	18-20 Pembroke Street Port of Spain	627-2554
----------------------	--	----------

Ferreira Optical Limited	94A Frederick Street Port of Spain	623-4054 627-3937
--------------------------	---------------------------------------	----------------------

Ferreira Optical Limited	Level 1 Long Circular Mall St James	622-8565 622-7040
--------------------------	---	----------------------

Value Optical Limited	#41 Frederick Street	627-1000 627-5367
-----------------------	----------------------	----------------------

Look Opticians Limited	27 Ariapita Avenue Woodbrook	627-5665
------------------------	---------------------------------	----------

Courts Optical	Chacon Street Port of Spain	800-4222 800-2289
----------------	--------------------------------	----------------------

Choice Optical Limited	No. 43-45 Frederick Street Port of Spain	624-6126
------------------------	---	----------

Glencoe

Imperial Optical	Highland Plaza Glencoe	632-1852
------------------	---------------------------	----------

St. Anns

North Shore Optical Studio Limited	#701 Aldegonda Park St. Anns Road St. Anns	621-2331 ph/fax
------------------------------------	--	-----------------

Maraval

Social Eyes Optical Ltd	Unit 24 A Shoppes of Maraval No. 3 Saddle Road	622-5747
-------------------------	---	----------

Valsayn

Optometrists Today	City of Grand Bazaar Churchill Roosevelt H/way	645-2329
--------------------	---	----------

San Juan

Courts Optical	Cor. Don Miguel Road Churchill Roosevelt Highway El Socorro	800-4222 800-2289
----------------	---	----------------------

Choice Optical Limited	Shop 4 GF, Socorro Village Corner Fifth St & El Socorro Road San Juan	675-8884
------------------------	---	----------

Value Optical	15 Eastern Main Road San Juan	674-5367/ 225-9090
---------------	----------------------------------	-----------------------

Curepe

Visual Eyes	Corner Southern Main Road & Valsayn Ave	662-3937 645-3937
-------------	---	----------------------

Tunapuna

Absolute Vision Limited	Ground Floor, Auzonville Mall 11 Eastern Main Road Tunapuna	662-0892 ph/fax 796-8281
-------------------------	---	-----------------------------

Value Optical	129 Eastern Main Road Corner Fairley Street Tunapuna	662-5367
---------------	--	----------

Trincity

Optometrists Today	Trincity Mall Trincity Central Road Trincity	640-2329
--------------------	--	----------

Ferreira Optical	Trincity Mall Trincity Central Road Trincity	640-4909
------------------	--	----------

Chaguanas

Optometrists Today	Centre City Mall, Main Road	672-2329
--------------------	-----------------------------	----------

Ferreira Optical Limited	Price Plaza Endeavour Road Chaguanas	665-9573 671-4169
--------------------------	--	----------------------

Value Optical Limited	Mid Centre Mall	672-1080 672-5367
-----------------------	-----------------	----------------------

Spectacle World Optical Ltd	LP No. 378 Southern Main Road Enterprise Chaguanas	671-4842
-----------------------------	--	----------

Choice Optical Limited	Busy Corner Corner Queen & Green Street Arima	672-1693
------------------------	---	----------

Couva

Rashmi Mathur Optical Limited	Atlantic Plaza, Point Lisas	679-7877
-------------------------------	-----------------------------	----------

Focus Vision Limited	194 Southern Main Road Couva	679-7323
----------------------	---------------------------------	----------

Choice Optical Limited	No. 203 Southern Main Road Couva	297-0296
------------------------	-------------------------------------	----------

La Romain

Optometrists Today	Level 1, Gulf City Mall Extension	657-2329
--------------------	-----------------------------------	----------

Ferreira Optical Limited	Gulf City Complex San Fernando	652-6818 652-7986
--------------------------	-----------------------------------	----------------------

San Fernando

Eye Care Specialists	Cathay House Carlton Centre St James Street	657-2879
----------------------	---	----------

Value Optical Limited	#70 High Street	653-1000 653-5367
-----------------------	-----------------	----------------------

Focus Vision	24 A Coffee Street San Fernando	653-6287
--------------	------------------------------------	----------

Courts Optical	High Street San Fernando	800-4222 800-2289
----------------	-----------------------------	----------------------

Choice Optical Limited	No. 7 Mon Chagrin Street San Fernando	297-0334
------------------------	--	----------

Point Fortin

Value Optical Limited	14-16 Guapa Cap-de-Ville Road Point Fortin	648-0000
-----------------------	---	----------

Princes Town

Value Optical Limited	High Street	655-1080 655-5367
-----------------------	-------------	----------------------

Sangre Grande

Imperial Optical (Trinidad) Ltd Plaza Grande (American Stores)
Roundabout Eastern Main Road 668-4281

Ferreira Optical Limited LP # 4 River Street
Sangre Grande 691-2011
691-5464 Fax

Arima

Imperial Optical (Trinidad) Ltd Cor. Of Green & Cocorite Street 667-2584

Allison's Eye Clinic 45 Green Street 664-0075

Ferreira Optical Limited Shops of Arima
51-59 Tumpuna Road
Arima 643-1707
643-5114 Fax

Choice Optical Limited Jadoo's Plaza
Corner Queen & Green Street
Arima 664-1072

Optometrists Today 31 A Queen Street
Arima 667-2329

Tobago

Spectacle World Optical Ltd Unit # 14 Shoppes @ Westcity
Milford Road
Canaan
Tobago 660-7089