

NEW!

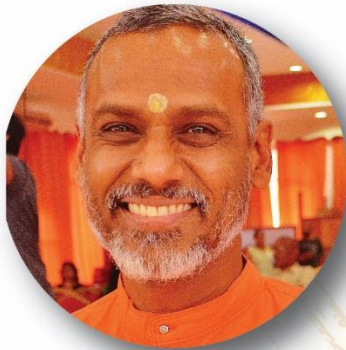
SEMINAR SERIES

HOSTED BY THE FACULTY OF SCIENCE AND TECHNOLOGY

Health and Wellness

through

Yoga for the Mind



INAUGURATED BY

SWAMI PRAKASHANANDA

HEAD ACHARYA

CHINMAYA MISSION TRINIDAD & TOBAGO

All Staff & Students

Invited!

Inspired living

Happiness

Stress Management

and much more!

DON'T MISS IT!!

OCT 8TH 2015
12-1PM

LOCATION:

NATURAL SCIENCES CONFERENCE ROOM

NATURAL SCIENCES BUILDING (GROUND FLOOR)