

**OPERATIONAL HOURS OF THE FITNESS CENTRE
DURING THE COVID-19 PANDEMIC**

Days of Operation: 6:00 A.M. to 6:00 P.M. (EST)

Monday to Friday

Hours of Operation:

A.M. (EST)

6:00 a.m. to 7:00 a.m.

7:15 a.m. to 8:15 a.m.

8:30 a.m. to 9:30 a.m.

9:45 p.m. to 10:45 p.m.

11:00 a.m. to 12:00 p.m. (noon)

CLOSED DAILY 12:00 p.m. (noon) to 1:00 p.m. (EST)

P.M. (EST)

1:00 p.m. to 2:00 p.m.

2:15 p.m. to 3:15 p.m.

3:30 p.m. to 4:30 p.m.

4:45 p.m. to 5:45 p.m.