

# RECREATIONAL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday		
7:00 AM - 9:00 AM	<b>TAEKWONDO</b>		<b>TAEKWONDO</b>		<b>TAEKWONDO</b>		<b>LEGEND</b>	
1:00 PM - 2:00 PM						<b>LEARN TO SWIM</b>		
4:00 PM - 5:30 PM				<b>TABLE TENNIS CETL STAFF</b>			AA	Aqua Aerobics
5:00 PM - 6:00 PM			<b>STRETCH AND RELAXATION</b>	<b>ZUMBA</b>	<b>AQUA AEROBICS</b>		B	Badminton
5:45 PM - 6:30 PM	<b>SPIN</b>		<b>SPIN</b>				LS	Learn to Swim
6:00 PM - 7:00 PM			<b>BADMINTON</b>				SR	Stretch and Relaxation
							S	Spin
							T	Taekwondo
							TT	Table Tennis CETL (Staff)
							Z	Zumba
								SWIMMING POOL
								INDOOR COURT
								INDOOR COURT
								INDOOR COURT
								INDOOR COURT

## OPEN RECREATION

**MONDAY – THURSDAY 9:30 A.M. – 11:00 A.M 1:00pm – 3:30pm**