

# Training Course on Nursing Technique for Developing Countries

## Project Description

Name	Training Course on Nursing Technique for Developing Countries		
Organizer	Human Resources Development Center of Shanxi Provincial Health Commission		
Time	2024.8.22—2024.9.11	Language for Learning	English
Invited Countries	Developing Countries		
Number of Participants	25		
Requirements for the Participants	Age	Under 45 for officials at or under director's level; under 50 for officials at director general's level.	
	Health	Participants should be in good health, and should be free of diseases prohibited by Chinese laws and regulations from entering China, and free of other serious chronic diseases (such as severe hypertension, cardiovascular and cerebrovascular diseases, and diabetes), mental diseases or infectious diseases that may pose a significant public health risk. Participants shall not in the period of recovering from major surgery or acute illness, not be severely physically disabled, and not during a pregnancy period.	
	Language	Participants should be capable of listening, speaking, reading and writing in English that can meet the requirements of the class.	
	others	Family members or friends shall not follow.	
Host City	Taiyuan City, Shanxi province	Local Temperature	Summer: 27°C-33°C
Cities to visit	Jinzhong City, Shanxi province Beijing City	Local Temperature	Jinzhong City, Shanxi province: 27°C-33°C Beijing City: 28°C-35°C
Notes	<ol style="list-style-type: none"> <li>1. Please prepare your valid passport and visa in advance;</li> <li>2. If you are unable to depart on time due to special circumstances, or if your flight is delayed when connecting, please contact the program contact person to inform the latest flight status in order to arrange for pick-up;</li> <li>3. In principle, personal changes to international tickets are not allowed; if you really need to do so, please contact the Business Office for ticket change procedures. If personal change is made to the air tickets without consent, the resulting costs and responsibilities will be borne by the individual.</li> <li>4. Please check if you need to re-handle your baggage check-in when you transfer to another flight. After picking up your baggage, please wait patiently at the international arrival exit (or domestic arrival exit) and the staff will pick you up with the pick-up sign with the name of the organizer. If you wait for more than 15 minutes, you can communicate with the program contact person by phone;</li> <li>5. If you need to register with the airline in case of lost checked luggage, please call the program contact person to confirm the luggage delivery address before filling out the registration form;</li> <li>6. Please pay attention to the weather of the destinations and bring appropriate clothing;</li> </ol>		

	prepare light footwear to facilitate visits and investigations; attend the important activities of the Seminar in formal wear or national costume; 7. Please bring a small amount of common medicines as necessary.	
Contact of the Organizer	Contact Person(s)	Ms.Guo Lihong/Ms.Gu Yuxin
	Telephone	0086-351-2945496
	Cell	0086-13099097236/13754839090 (Ms.Guo Lihong/Ms.Gu Yuxin)
	Fax	None
	E-mail	<a href="mailto:sx-jlzx@163.com">sx-jlzx@163.com</a>
About the Organizer	<p>Human Resources Development Center of Shanxi Provincial Health Commission mainly undertakes the Chinese government's foreign aid human resources training projects, short-term overseas visits and academic exchanges for provincial managers, experts and scholars; undertakes the technical work of vocational skill appraisal, health professional examination and professional title evaluation; undertakes the research and consultation of health human resources development and human resources socialization service in Shanxi Province, and puts forward relevant policy suggestions; carries out continuing education for health professionals and strengthens foreign language training.</p> <p>As an important window for foreign exchanges in the field of medical and health care in Shanxi Province, by the end of 2023, the center has successfully completed 109 training courses since it undertook the first foreign aid training in 1998, covering acupuncture and massage, Chinese medicine, medical care, medical equipment maintenance, treatment on rheumatic diseases by integrated Traditional Chinese Medicine and western medicine, midwives, Malignant tumor prevention and control, general practitioners, rural medical and health care, medical and health management, public health management and disease prevention and control, hospital management, training on health project design evaluation and management, etc. Training languages include English, French, Portuguese and Russian. More than 3200 medical professionals and managers from 121 developing countries and regions including Africa, Latin America, Europe and Asia Pacific region were trained, which is highly praised by the Participants and widely recognized by their contributing countries.</p>	
Seminar Content	<p><b>1. Main training courses and content introduction</b></p> <p>This training will be conducted through a combination of lectures, exchanges, practices and cultural experiences.</p> <p>(1) Introduction of China and Shanxi province: introduces China's development status, development concepts, development initiatives led by the "the Belt and Road", as well as the provincial conditions, customs and cultural characteristics of Shanxi Province;</p> <p>(2) Overview of China's development path and health care: introduce the concept of China's peaceful development, the principle and far-reaching significance of the "the Belt and Road Initiative" under the vision of building a community with a shared future for mankind. Meanwhile, shares the development history and achievements of China's medical and health work, the number of medical and health institutions and the scale of health personnel, as well as the elderly health and the national medical insurance service system;</p> <p>(3) Overview of Chinese Hospital Management and Development of The First Hospital of Shanxi Medical University: Introduces the development of Chinese hospital management and The First Hospital of Shanxi Medical University;</p>	

- (4) Patient safety and risk management: mainly introduces hospital safety management, elaborates on patient safety goals and medical quality and safety improvement projects;
  - (5) Strengthening international cooperation to promote nursing research: Explains the importance, significance, characteristics, scope, shortcomings, and how to strengthen international cooperation in nursing research;
  - (6) Nurse career planning: Introduces nursing practice teaching, nurse job training, and specialized nurse training from three aspects;
  - (7) Nutritional management of hospitalized patients: Scientific and reasonable dietary nutrition has become an important component of clinical comprehensive treatment. This lecture will focus on the importance of nutritional therapy in the comprehensive treatment process and the nutritional plans provided to various types of patients;
  - (8) Elderly care: Introduces the current situation and progress of elderly care, and provide a comprehensive assessment of the elderly;
  - (9) Rescue of acute severe trauma: Introduction to on-site assessment, primary assessment, and treatment of acute trauma;
  - (10) Informatization construction helps with refined management: Introduce how to use information technology to achieve refined nursing management from the aspects of clinical trial quality control, operation, etc;
  - (11) Management mode of mental health department in comprehensive hospitals: Introduce the service system of mental health department and the standardized treatment and nursing of mental illness patients;
  - (12) Standardized setting of intensive care units and management of critically ill patients: Introduce the standardized setting of wards in the intensive care department and the nursing management of critically ill patients;
  - (13) Nursing sharing for stroke patients: Introduce the prevalence and prevention of stroke in China, nursing measures, and promote the recovery of stroke patients;
  - (14) Wound care: Introduces the current development status of specialized wound stoma nurses, the principles of wound treatment, and the integrated management model of medical care for chronic wounds;
  - (15) The role of nurses in the prevention and control of VTE complications in orthopedic patients: Introduces orthopedic professional overview VTE related concepts and the role of nurses in the prevention and control of VTE complications in orthopedic patients;
  - (16) New progress in hospital infection prevention and control: Introduces the new progress in hospital infection prevention and control, hospital infection prevention and control standards and precautions, how to do a good job in hospital infection prevention and control in the event of sudden health emergencies, and ensure patient safety;
2. Exchanges
- (1) Participants will introduce their countries and exchange ideas with relevant lecturers on the development and current status of nursing techniques in each country;
  - (2) The lecturers will respond to questions and answers regarding the interests and difficulties that Participants have encountered during the training process;
  - (3) During the training, Participants will visit relevant medical institutions to investigate nursing work models, and discuss and exchange ideas on possible future collaborations;
3. Internship practice:
- (1) Rehabilitation Department: Introduce the definition and development trends of rehabilitation, as well as the content of rehabilitation nursing work;
  - (2) Department of Traditional Chinese Medicine: introduce the principles of dialectical nursing of traditional Chinese medicine, and demonstrate the treatment process of traditional Chinese

massage and acupuncture and moxibustion on the spot;

(3) Practice of cardiac rehabilitation nursing: Introduce the current status of cardiac rehabilitation, five major prescriptions, and continuity nursing, demonstrate on-site the guidance of nurses on patient cardiac rehabilitation training, self-monitoring, and other content;

(4) Operation Room: Visit the operating room, introduce the safety of the operating room and the cultural construction of the department;

(5) Clinical application of Da Vinci robots: on-site demonstration of various operations of Da Vinci robots during surgery;

(6) Obstetrics: Introduce the overview of obstetrics, nursing management, work, operation, and service models;

(7) Best clinical practices for artificial airway management: Elaborate on the best clinical practices from five aspects: positioning and fixation, humidification, purification, airbag management, and extubation of artificial airways;

4. Cultural experience

During the implementation, Participants will also experience Chinese tea ceremony and Shanxi's unique noodle culture under the arrangement and organization, appreciate the ancient architecture of the Jin Temple garden-style temple, and fully experience the local customs and cultural charm of Shanxi.

5. Introduction of Main Lecturers

(1) Zhou Honggui: Director of the Foreign and Overseas Chinese Affairs Office of the People's Government of Shanxi Province;

(2) Duan Chaoxia: The Shanxi Provincial Health Commission, Chief Physician;

(3) Han Qinghua: Vice President, Chief Physician, Professor, Doctoral Supervisor, State Council Special Allowance Expert, and Leader of Medical Discipline in Shanxi Province, First Hospital of Shanxi Medical University;

(4) Shang Linping: Director of the Nursing Department, Chief Nurse;

(5) Tang Shan: Deputy Director of the Nursing Department, Deputy Chief Nurse;

(6) Li Li: Deputy Director of the Nursing Department, Deputy Chief Nurse;

(7) Li Yuling: Deputy Director of the Nursing Department, Deputy Chief Nurse;

(8) Sun Ping: Department of Nutrition, Chief Physician;

(9) Pan Wei: Deputy Chief Nurse of the Infection Management Department;

(10) Huang Gaiping: Chief nurse and deputy chief nurse in the geriatric department;

(11) Du Juan: Head nurse and deputy chief nurse of the emergency department;

(12) Li Suping: Head nurse and deputy head nurse of the mental health department;

(13) Zhao Wenfang: Chief nurse and deputy chief nurse of the Department of Critical Care Medicine;

(14) An Junhong: Chief Nurse and Deputy Chief Nurse of the Endocrine Department;

(15) Zhao Ailing: Head nurse and deputy chief nurse of orthopedics department;

To facilitate the exchange with Chinese experts, please prepare the exchange materials related to the training topics in your countries such as:

(a) the development status and existing problems in the field of nursing techniques;

(b) the cooperation basis with China, etc.

